

# THE CABIN!

## By Joseph O'Farrell (JOF)

### Relaxed Performance Guide

Prepared by Darebin Arts and A\_tistic



*Image by Pia Johnson*

**VENUE:**

Main Hall, Northcote Town Hall Arts Centre  
189 High St, Northcote VIC 3070

[Map Available Here](#)

**DATE:**

Saturday 13 July at 2pm

**RUN TIME:**

55 Minutes, No Interval

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## **Relaxed Performance Guide**

### **What is a relaxed Performance?**

A relaxed performance is intended specifically to be sensitive to and accepting of audience members who may benefit from a more relaxed environment at the theatre, including (but not limited to) those with autistic spectrum conditions, anyone with sensory and communication disorders, learning disabilities or babes in arms or prams.

A relaxed performance aims to break down barriers of a theatre show to allow for a diverse range of people to engage. Loud noises, bright lights, unclear rules and protocols, and not being confident in going to the theatre can all be detractors to those who would like to come along.

A 'relaxed' performance works to meet that audience halfway, giving reasonable permission for people to be comfortable as themselves, and relaxing the rules of theatre to allow for this.

### **What does this mean for you?**

Practically, the performance on the night will have its tech augmented to make the theatre space more relaxed for those who have sensory requirements and comfort behaviors, including stimming, pacing, rocking, humming, and other noise making.

The lighting and sounds will be altered to become softer, while still evoking the same emotional response from an audience.

The house lights will remain on through the show, so there is never any moment of complete darkness.

The door to the front of house area will remain open, so that people may come and go at any time.

Should an audience member need to leave the performance and take a moment to relax or to attend to a child, there will be a designated the relaxed room provided. Darebin or A\_tistic staff will be on hand to take you there and monitor the room.

## **Getting There**

The show will take place in the Main Hall at Northcote Town Hall Arts Centre, at 189 High St, Northcote VIC 3070. Main entrance of the venue is wheelchair and pram accessible.

### **Public Transport**

There are several ways to get here via public transport.

Train Line: Mernda Line

Stop: Northcote Station (10 minute walk)

Tram Route: 86

Stop: 31 Northcote Town Hall Arts Centre/ High Street, stop number 31 this is an accessible tram stop and is right outside the front of the venue.

Bus

552 Stop: Northcote Plaza

508 Stop: Separation Street (Crn High St)

567 Stop: Mitchell Street (Crn High St)

The buses 250 and 251 drop people off at the bottom of the hill and you can walk up.

Use the PTV journey planner for the best route

<https://www.ptv.vic.gov.au/journey>

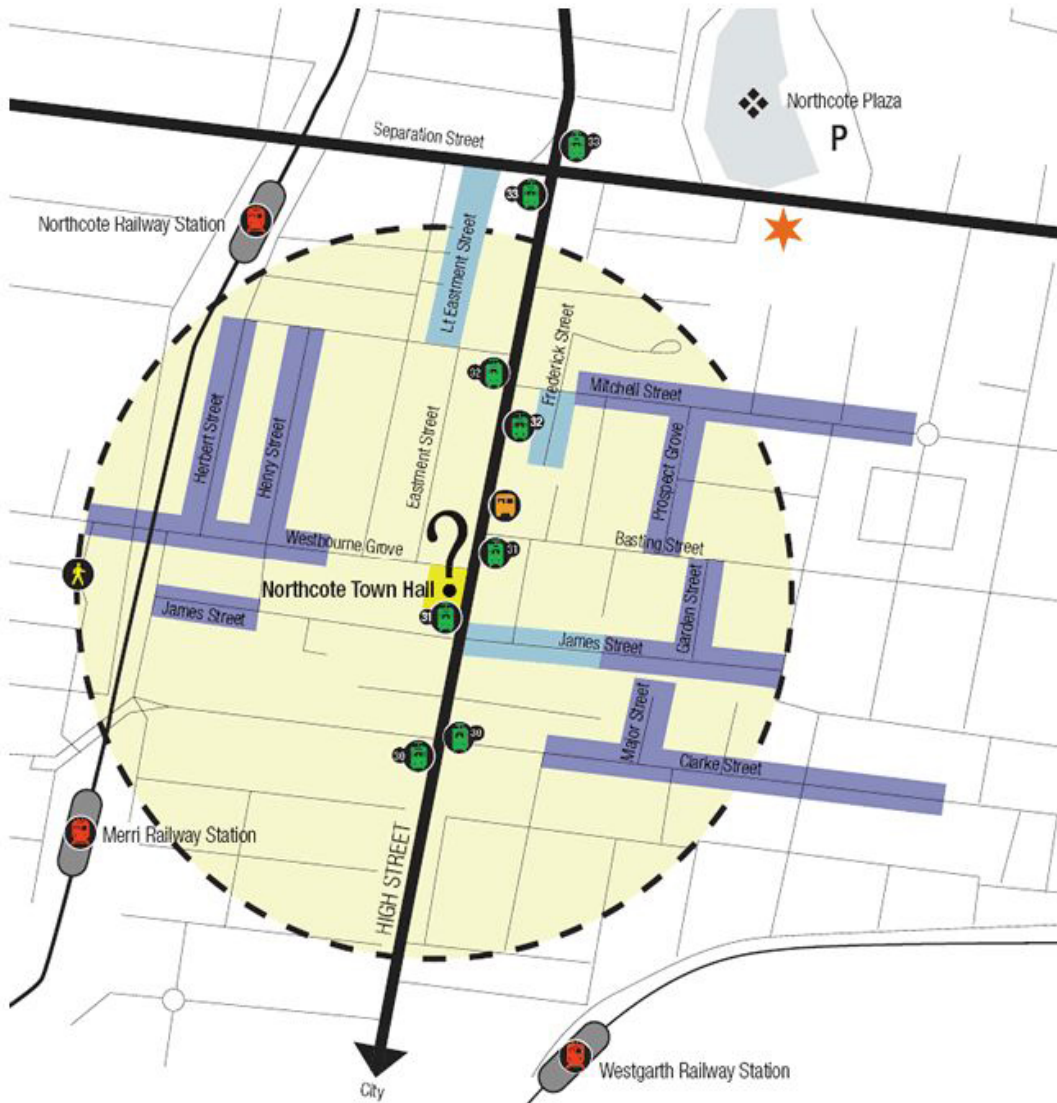
### **Driving**






There is limited parking in Northcote, please see our parking map below.

### **Accessibility Car Spaces**

There are two sets of accessible car spaces around the Northcote Town Hall Arts Centre- one on James Street near the corner of High Street, and one on Westbourne Grove, near the corner of High Street

**Address:** Northcote Town Hall  
 189 High Street  
 Northcote VIC 3072



- |  |   |   |   |
|--|---|---|---|
|  Train Station    |  Low Floor Bus 567   |  Northcote Town Hall             |  2 Hr Parking    |
|  --- 5min walking |  86 Tram Route Stops |  Darebin Customer Service Centre |  All Day Parking |

## Venue Information

### **Access**

Wheelchair, Walkers and Pram Access in the Building

A permanent accessibility ramp is located at the front of the Northcote Town Hall Arts Centre for easy access into the building and there is also a lift that provides access to the other floors.

### **Accessible Toilets**

Accessible toilets are available on the Ground Floor of Northcote Town Hall Arts Centre (opposite Main Reception through the glass doors and Studio 1 located in the West Wing).

### **Public Toilets**

Public toilets within Northcote Town Hall Arts Centre are available within the West Wing just down the hallway from Studio 1, as well as opposite the Main Reception through the glass doors.

### **Baby Change Room**

Northcote Town Hall Arts Centre provides a baby change room, located on the Ground Floor through the glass doors, (past the Main Reception and next to the lift).

## Venue Images



When you arrive, the entrance doors to the Northcote Town Hall Arts Centre are located up the stairs or via the ramp on the left side of the building (if coming from High Street).





Head in through the glass entrance doors into the main foyer. Public toilets and accessible toilets are located here. Please note that there are hand-dryers in these toilets. The hand dryer is a Bobrick Model B710E.



Continue through the foyer and on the right (next to display case) is **Ground Floor Room 1** – this is the **designated relaxed space**. If you need a quieter space at any point before, after or during the show, you can retreat to this space to relax. There will be an usher on hand to make sure everything is ok!



In the foyer you will see the main staircase. The door past the staircase is the entry to the Main Theatre. Doors open 10 minutes before the show start time. In the meantime, continue through the foyer on Ground floor the bar and box office.



Travel past the staircase into the next and continue through the corridor you will find the open box office and bar in the room on the next left.



## Descriptor

### WORLD PREMIERE

THE CABIN! is a horror show written by kids, for adults. Part David Lynch thriller, part Fright Night drive-in flick, everything from the set to characters and sound effects has been designed by primary school students for adult audiences in this gory spectacular!

Created by internationally acclaimed artist JOF, in collaboration with over 200 primary school students from the UK and Australia. Featuring giant inflatable monsters, talking bins and an impending zombie apocalypse that will destroy us all! Performed by two straight-laced adults, five demonic children and a disgruntled teen guitarist providing a live soundtrack.

Do YOU have what it takes to survive?



## **Creative Team**

**Leading artist and performer** – Joseph O’Farrell (JOF)

**Co-devisor and performer** – Emily Tomlins

**Director** – Sarah Austin

**Producers** – Jo Porter and Kate Hancock

**Set design** – Darryl Cordell

**Sound design** – Steph O’Hara

**Lighting** – Jen Hector

**Costume design** – Emily Barrie

In collaboration with 200 + School children (UK/AUS)

**Zombie crew** - Domenica Garrat, Joel Vincent Beasley, Matilda Rose Gibbs, Raiya Basalamah, Oliver Tapp, Katie Rowe, Michelle MCowage, Jane Schon, Sabina Gerardi, Kevin Hojerslev, Mia Tuco, Dianna Miranda, Max Greenham, Lucian Reeder, Devon Campbell.

**Teen Guitarist** Mariela Anderson

## Performer Images



Joseph O'Farrell (JOF) - Mr Thompson  
JOF is a multi-art performer, producer, curator, musician and lecturer.  
JOF creates large-scale installation/theatre works with, and for, community that celebrates our diversity and brings people together in hilarious and unlikely situations.



Emily Tomlins – Secretary  
Emily is an actor, theatre maker and a co-founder of the award winning independent theatre company Elbow Room. Emily has worked for theatre companies all over Australia.



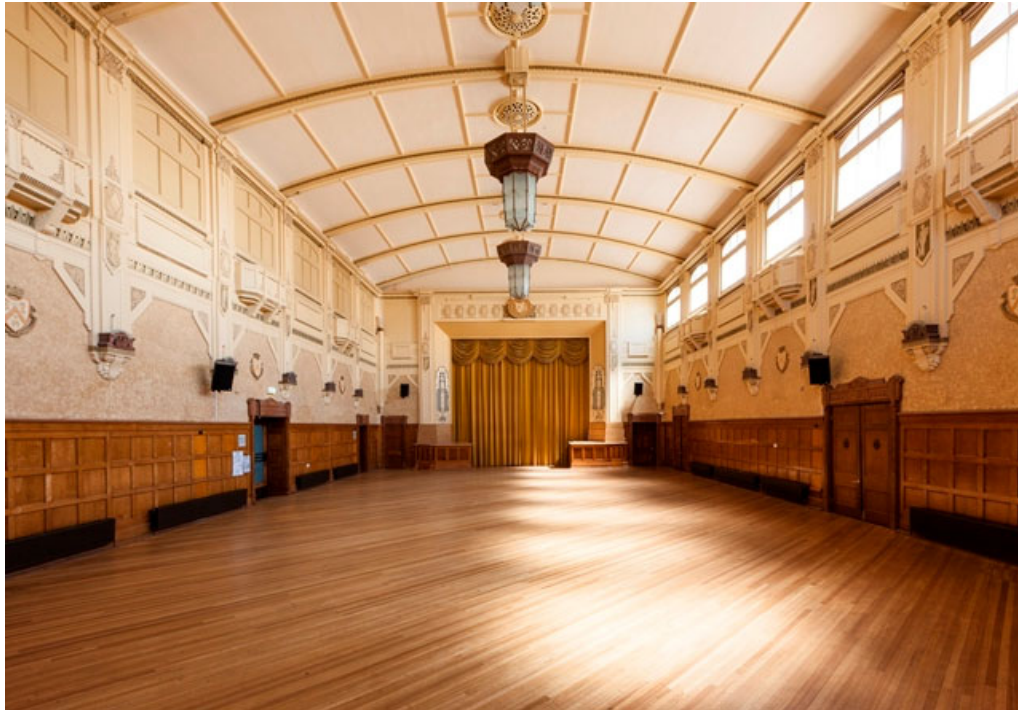
Cereal Box Five  
Please note the 5 young cast members playing the cereal box five will change with performances and will be masked with faces covered for the duration of the performance.



Mariela Barajas Anderson - Teen Guitarist  
Mariela Barajas Anderson first picked up a guitar when she was just 6 years old, now she's 14 and showing no sign of ever putting it down. The CABIN is her first major performance, and she's excited to see where this opportunity may take her.

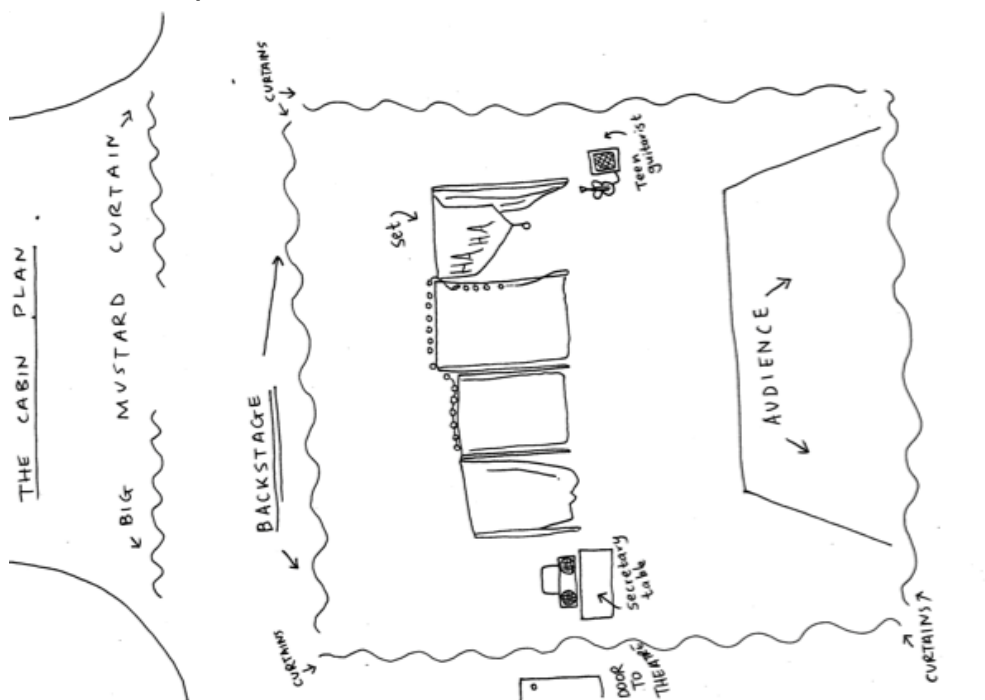
## The Theatre

Northcote Town Hall Arts Centre Main Hall



## The Set

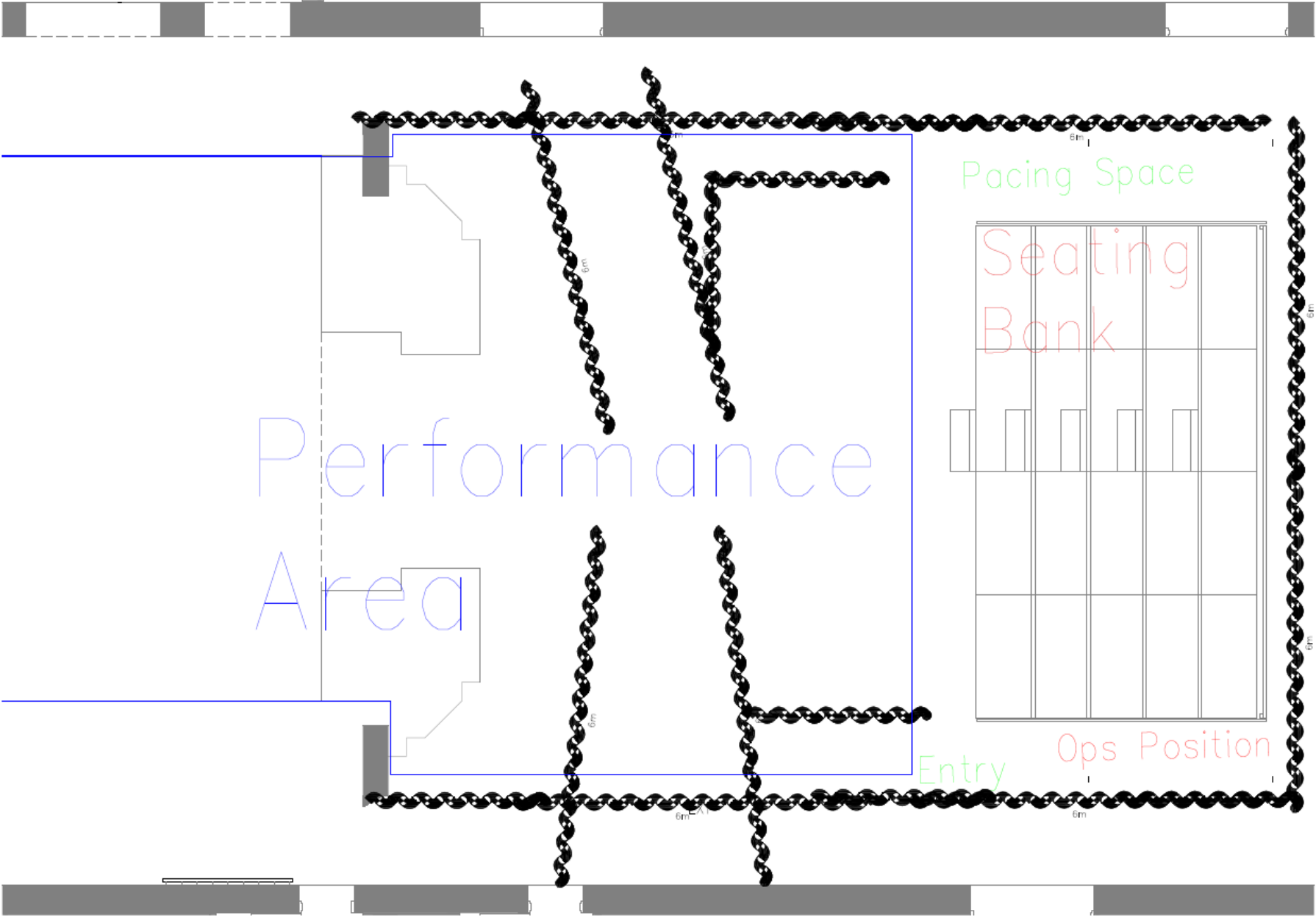
Here are some images of set plans. The set will not look exactly like this as, these drawings are digitally created to give you a feeling of what the performance space will look like.





**Stage Plan**

Please see the places for pacing below





## Content Warnings

### Warnings

May contain loud sound effects, smoke effects, strobe lighting, mild coarse language and is recommended for audiences aged 13+ years.

Below is a detailed list of the content warnings for the show.

If you wish to avoid any potential spoilers for the show, we suggest you do not read this section. Otherwise, please see below detailed descriptors for content warnings.

<b>Social Interaction</b>	<b>In the performance? (+ details where appropriate)</b>
Participation	There will be direct address to audience and minimal participation. If you don't wish to participate please sit in the outer, upper seats of the seating bank.
<b>Physical surprises</b>	<b>In the performance? (+ details where appropriate)</b>
Sound effects	There are numerous surprising sound effects
Lighting effects	There are flickering lighting effects at one or two points.
Props and set	A light falls from the rig. Doors at the back of theatre open to reveal a car with the headlights on. The cars motor is not running and it does not move.
<b>Content</b>	<b>In the performance? (+ details where appropriate)</b>
Swearing	There are three uses of the 'F' word and one use of the term dead sh**
Made up language / words	NIL
Black outs	Black outs will be used, Audiences lights stay on.

Blood	There are two blood effects.
Genre	The genre content is horror. The form content is a children's variety show.
Logic	NIL
Dysphoria	NIL
Abuse (physical, mental, emotional, verbal, sexual)	There are two moments of physical abuse.
Self-injurious behavior (self-harm, eating disorders, etc.)	NIL
Talk of drug use (legal, illegal or psychiatric)	NIL
Suicide	NIL
Descriptions/pictures of medical procedures (even if they don't contain blood or gore)	NIL
Descriptions/pictures of violence or warfare (including instruments of violence, such as knives or guns)	Images of slasher movie monsters such as Freddy Krueger, Jason, Halloween and characters in the Texas Chainsaw Massacre.
Corpses, skulls or skeletons	There is minimal images of skeletons and suggestions of corpses, .
Discussions of -isms, shaming, or hatred of any kind (racism, classism, hatred of cultures/ethnicities that differ from your own, sexism, hatred of sexualities or genders that differ from your own, anti-multiple, non-vanilla shaming, sex positive shaming, fat shaming/body image shaming, neuroatypical shaming)	Depictions of sexism (character is a chauvinist).
Slurs used (this includes words like "stupid" or "dumb", which are still widely considered to be socially acceptable)	Uses of the following words: stupid, simpleton, dead sh**

Dismissal of lived oppressions, marginalization, illness or differences	Dismissal of poverty.
Discussions of sex (even consensual)	NIL
SPOILER ALERT: PLEASE HIGHLIGHT TO TEXT BELOW TO VIEW.	
Death or dying	Both leads will die.
Spiders, Insects, Snakes, Scorpions, other potentially alarming animals	Depiction of fantasy creatures made up of snake and spider.
Vomit/Defecation	One case of slime vomit.
Pregnancy/childbirth	NIL
Serious injury	Injury through knife wound.
Depictions of Violence, realistic or comic	Yes, stabbing.
Mental illness	NIL
Zombies	Photographic and physical depictions of zombies. Zombies approach the audience. No physical contact will be made.

## **Contact Us**

If you would like any further information please contact the Producer of the program, Samantha Butterworth on **[Samantha.Butterworth@darebin.vic.gov.au](mailto:Samantha.Butterworth@darebin.vic.gov.au)** or **03 8470 8907**

Looking forward to seeing you there!